

## BREAKFAST 2021-2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Special of the day</b> Breakfast Boat=2 Or <b>Choose 1or 2</b>	<b>Special of the day</b> 3 french toast sticks=2 Or <b>Choose 1or 2</b>	<b>Special of the day</b> Breakfast pizza=2 Or <b>Choose 1or 2</b>	<b>Special of the day</b> Cinnamon Roll=1 Or <b>Choose 1or 2</b>	<b>Special of the day</b> Mini maple pancakes=1 Or <b>Choose 1or 2</b>
Muffin various=1 Pop tart=1 Low fat string cheese=1 Mini Cinnamon Donuts=1 Cereal=1 Cottage cheese cup=1	Muffin various=1 Pop tart=1 Low fat string cheese=1 Mini Cinn. Donuts=1 Cereal=1 Cottage cheese cup=1	Muffin various=1 Pop tart=1 Low fat string cheese=1 Mini Cinn. Donuts= Cereal=1 Cottage cheese cup=1	Muffin various=1 Pop tart =1 Mini Cinn. Donuts=1 Cereal=1 Cottage cheese cup=1	Muffin various=1 Pop tart=1 Low fat string cheese=1 Mini Cinn. Donuts=1 Cereal=1 Cottage cheese cup=1
<b>Choose 1or2</b> <b>May only take 1 juice</b>	<b>Choose 1or2</b> <b>May only take 1 juice</b>	<b>Choose 1or2</b> <b>May only take 1 juice</b>	<b>Choose 1or2</b> <b>May only take 1 juice</b>	<b>Choose 1or2</b> <b>May only take 1 juice</b>
Peach or Strawberry cup Apple, banana, orange	Peach or Strawberry cup Apple, banana, orange	Peach or Strawberry cup Apple, banana, orange	Peach or Strawberry cup Apple, banana, orange	Peach or Strawberry cup Apple, banana, orange
Apple sauce	Applesauce	Applesauce	Applesauce	Applesauce
Apple or Orange Juice	Apple or Orange Juice	Apple or Orange Juice	Apple or Orange Juice	Apple or Orange Juice
<b>Choose 1</b>	<b>Choose 1</b>	<b>Choose 1</b>	<b>Choose 1</b>	<b>Choose 1</b>
1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk
Skim Chocolate Milk	Skim Chocolate Milk	Skim Chocolate Milk	Skim Chocolate Milk	Skim Chocolate Milk

May take 5 items **Must** take 3 items **1** needs to be a **Fruit**  
When taking the Grain or Protein you may only take one of each kind. Example not 2 muffins.