

## News from the Lunchroom



This year we will be choosing what they call the Seamless Summer Option for or Lunch program. What Does that mean Mrs. Zieser? **It means Free Breakfast & Lunch for all Students for at least this School year 21-22.** I will add back whole fresh fruit and applesauce cups to the end of the line for Lunch. To get free they must take the minimum amount required to make it a reimbursable meal.

**K-5 Eagle lunch Change:** Box will contain 1/2cup yogurt/1oz cheese and 1oz crackers and/or 1oz chips + 1 4oz fruit. WE will offer any other vegetable or fruit in the line if that is not enough.

**6-8 + Adult Salad Bar is back.** That will be 6-8 only other choice. Yogurt or Cottage Cheese will be on the Salad Bar along with prepacked lettuce in a bowl. Again you need to go through the line to make sure you have fulfilled the reimbursable meal and get counted for the day.

Still happening is if your child wants cold lunch and gets a milk they need to have money in their account. **We need to make aware to our students that if you have a 0 balance that you are not allowed to get extra milk(k-8grade) and/or extra main meal (6-8grade).**

Again before you take any or all the money out of the Power School account they need to pay for extra milk and or extra main meal.

*Examples of Reimbursible Meals or on the St John Website with the breakfast menu and current Lunch menu.*

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### **Food Allergies**

Please if your child has any allergies to food of any kind make sure you fill out a Allergy form from the doctor during his or her annual physical to turn into the school. I need to have a list so I know what to serve your kids and give them the best experience at lunch I can.

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If you have any questions or concerns with The School Lunch Program you may call the School or email me at [ziesers@sj.s.pvt.k12.ia.us](mailto:ziesers@sj.s.pvt.k12.ia.us)

Thank you and Welcome to 21 -22 School Year.  
Sarah Zieser