



# October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WG= Whole Grain				1 Mandarin Orange Chicken Brown Rice Steamed Broccoli Bell Pepper strips Mandarin Oranges	2 Yogurt/Granola String cheese Dinner Roll/jelly cup Fresh Veggies Blueberries	3 <i>Lunch Prices</i> 20 Day-\$46.00 10 Day-\$23.00 1 Day-\$2.30 <i>Breakfast</i> \$1.60
4	5 Mini Corn Dogs Dinner Roll Sweet potato fries Fresh veggies Fresh pears	6 Chicken fajita Wraps Red Peppers Shredded Lettuce Pineapple tidbits	7 Cheese Omelet Pancakes Tator Tots radishes 100% juice	8 Cheese Pizza Green beans fresh Broccoli apple slices	9 <b>NO SCHOOL</b>	10
11	12 Breaded Chicken Patty Bun Mashed Potato Fresh veggies Chicken Gravy Blueberries	13 Super Nachos/Corn Chips Cheesy rice Shredded Lettuce Bell peppers Mandarin oranges	14 Grilled Cheese Sand. Tomato Soup Fresh Broccoli Peaches	15 Beef n Noodles School Roll Savory Carrots Cucumbers Banana	16 Crispito chicken/ cheese Baked Beans carrots strawberries	17 <i>Menu Subject to change. All served with choice of milk.</i>
18	19 Chicken Tenders Baked Beans Fresh veggies Pears	20 Pork Tenderloin Bun Seasoned Peas Radishes Peaches	21 Shrimp Poppers Bread & butter Corn Celery/Carrots Applesauce	22 Teriyaki Beef Dippers Wg brown rice Garlic Broccoli Chips Pineapple tidbits	23 Breakfast Pizza Egg patty Hash browns Fresh Cauliflower Grapes	24
25	26 Breaded chicken leg Mashed Potatoes Chicken Gravy Fresh veggies Apple Crisp	27 Taco soup Crackers/garlic bread Romaine Salad Celery Pears	28 Mac & Cheese Hummus cup w/cornchips Fresh Broccoli Mixed Fruit	29 Sloppy Joe/Bun French fries Tomato Banana Pudding	30 Wild Mikes pizza bites Marinara Sauce Green Beans Apple slices	31 <i>This institution is an equal opportunity provider.</i>

**K-8 meat/grain substitute: Eagle Lunch which contains: Yogurt cup, Cheese stick, Dinner Roll/Crackers, Lettuce/Baby carrots, and whole fruit**

M-Sausage & Cheese Pancake Sandwich T-French toast sticks W-Breakfast Pizza Th-Cinnamon Roll/Hardboiled egg F-Mini Strwbrry cream cheese bagel